

**2-Day Practical Workshop Program on  
Prehospital Incident Medical Emergency Response (PRIMER)**

**Introduction:**

“It won’t happen to me!” or “I didn’t expect this” are no longer acceptable excuses for being ill prepared to deal with major incidents.

In fact, the truth is that major incidents may occur at any time, and anywhere. A major incident can be defined as any incident where the location, number, severity, or the type of live casualties requires extraordinary healthcare resources.

Participants will learn about prehospital preparation, on scene command and control and personal safety awareness; through tabletop exercises and discussion of healthcare examples to update and improve skills at this practical workshop.

**Date:** 6 March (Thu) to 7 March (Fri) 2014

**UK Speaker:** **Dr Giles Cattermole**  
Emergency Medicine Consultant, South London Healthcare NHS Trust, UK

**CUHK Speaker:** **Prof Colin Graham**  
Accident and Emergency Medicine Academic Unit  
Faculty of Medicine, The Chinese University of Hong Kong

**Date:** 6 March 2014, Thursday

**Time:** 0830 to 1230

**Venue:** Ambulance Command Training School (FSACTS)  
1 On Shan Lane, Ma On Shan, New Territories

Time	Format	Title	Instructor
0830 – 0845		Be <b>SHARP</b> on time for Registration & Field Orientation Exercise	Dr G N Cattermole
0845 – 0900		Welcome	
0900 – 0920	Lecture	Introduction to Rescue / Extrication operations	
0920 – 0950	Lecture	Pre-hospital considerations in Rescue / Extrication operations	
0950 – 1030	Practical	Pre-hospital Emergency Airway Management	
1030 – 1045		<b>Break</b>	
1045 – 1110	Lecture	Use of Stabilization Devices / Spinal Immobilization Techniques	
1110 – 1135	Practical	Practical session on Stabilization Devices / Spinal Immobilization Techniques	
1135 – 1220	Simulation	Extrication in Major Accidents and Disaster Scenes	
1220 – 1300		Summary and Q&A	
1230 – 1400		<b>Lunch &amp; Back to AEMAU, CUHK</b>	

**Date:** 6 March 2014, Thursday

**Time:** 1400 to 1730

**Venue:** Conference & Seminar Room, Room 02C31, 2/F Main Clinical Block & Trauma Centre, Prince of Wales Hospital

<b>Time</b>	<b>Format</b>	<b>Title</b>	<b>Instructor</b>
14:00 – 14:30	Lecture	Introduction – Incidents in Context	Dr G N Cattermole
14:30 – 15:00	Lecture	Command & Control	Dr G N Cattermole
15:00 – 15:30	Lecture	Communications	Dr G N Cattermole
15:30 – 15:45	<b>BREAK</b>		
15:45 – 16:30	Workshop	Table Top Exercise I	Dr G N Cattermole / Prof. C A Graham
16:30 – 17:30	Practical	Practical Skills – Use of Radios and Transmission Procedures	Dr G N Cattermole / Prof. C A Graham

**'Prehospital Incident Medical Emergency Response' (PRIMER) Workshop 2014**

---

**Date:** 7 March 2014, Friday

**Time:** 0900 to 1730

**Venue:** Conference & Seminar Room, Room 02C31, 2/F Main Clinical Block & Trauma Centre, Prince of Wales Hospital

<b>Time</b>	<b>Format</b>	<b>Title</b>	<b>Instructor</b>
09:00 – 09:30	Lecture	Triage	Dr G N Cattermole
09:30 – 10:00	Lecture	Treatment & Transport	Dr G N Cattermole
10:00 – 10:15	<b>BREAK</b>		
10:15 – 11:15	Practical	Practical Skills – Personal & Medical Equipment	Dr G N Cattermole
11:15 – 12:15	Workshop	Table Top Exercise II – Part 1	Dr G N Cattermole / Prof. C A Graham
12:15 – 13:30	<b>Lunch</b>		
13:30 – 14:30	Workshop	Table Top Exercise II – Part 2	Dr G N Cattermole / Prof. C A Graham
14:30 – 15:30	Discussion	Initial disaster management: local and international examples	Dr G N Cattermole / Prof. C A Graham
15:30 – 15:45	<b>BREAK</b>		
15:45 – 16:30	Lecture	Introduction to HazMat, PPE and decontamination	Mr W K Poon
16:30 – 17:00	Lecture	Care of the infectious patient in prehospital and emergency care	Mr W K Poon
17:00 – 17:30	Practical	Precautions against infectious disease (including PPE)	Mr W K Poon
17:30 – 17:45		Summary and Discussion / Evaluation / Q&A	